

Evening Hot Meal Programs in Stratford. Open to All - Drop-in!

OCTOBER 2017						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	LCFC 5:15 pm	2	3	4	5	6
8	LCFC 5:15 pm	9	10	Avon 5:15 pm	11	Knox 5:15 pm
15	LCFC 5:15 pm	16	17	18	St. Joseph's 5 pm	Knox 5:15 pm
22	LCFC 5:15 pm	23	24	25	Memorial 5:15 pm	Zion 5 pm
29	Avondale 5:15 pm	LCFC 5:15 pm	30	31		

NOVEMBER 2017						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1	Parkview 5:15 pm	2	3
5	LCFC 5:15 pm	CRC 5:15 pm	7	Avon 5:15 pm	8	9
12	LCFC 5:15 pm	13	St. Paul's 5:15 pm	14	St. Andrew's 5:15 pm	15
19	LCFC 5:15 pm	20	CRC 5:15 pm	21	St. Andrew's 5:15 pm	22
26	Avondale 5:15 pm	LCFC 5:15 pm	27	St. Paul's 5:15 pm	28	St. Andrew's 5:15 pm

DECEMBER 2017						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2
3	LCFC 5:15 pm	4	CRC 5:15 pm	5	St. Andrew's 5:15 pm	6
10	LCFC 5:15 pm	11	12	St. Paul's 5:15 pm	13	Avon 5:15 pm
17	LCFC 5:15 pm	18	19	St. Paul's 5:15 pm	20	St. Andrew's 5:15 pm
24		25	26	St. Paul's 5:15 pm	27	28
31					Memorial 5:15 pm	

JANUARY 2018						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2	3	St. Andrew's 5:15 pm	4	Parkview 5:15 pm
7	LCFC 5:15 pm	8	9	St. Paul's 5:15 pm	10	Avon 5:15 pm
14	LCFC 5:15 pm	15	16	CRC 5:15 pm	17	St. Andrew's 5:15 pm
21	LCFC 5:15 pm	22	23	St. Paul's 5:15 pm	24	St. Andrew's 5:15 pm
28	Avondale 5:15 pm	LCFC 5:15 pm	29	CRC 5:15 pm	30	St. Andrew's 5:15 pm

FEBRUARY 2018						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1	2	3
4	LCFC 5:15 pm	5	6	CRC 5:15 pm	7	St. Andrew's 5:15 pm
11	LCFC 5:15 pm	12	13	Jubilee 5:15 pm	14	Avon 5:15 pm
18	LCFC 5:15 pm	19	20	CRC 5:15 pm	21	St. Andrew's 5:15 pm
25	Avondale 5:15 pm	LCFC 5:15 pm	26	St. Paul's 5:15 pm	27	St. Andrew's 5:15 pm

MARCH 2018						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1	2	3
4	LCFC 5:15 pm	5	6	CRC 5:15 pm	7	St. Andrew's 5:15 pm
11	LCFC 5:15 pm	12	13	St. Paul's 5:15 pm	14	Avon 5:15 pm
18	LCFC 5:15 pm	19	20	CRC 5:15 pm	21	St. Andrew's 5:15 pm
25	Avondale 5:15 pm	LCFC 5:15 pm	26	St. Paul's 5:15 pm	27	St. Andrew's 5:15 pm

APRIL 2018						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	LCFC 5:15 pm	2	3	CRC 5:15 pm	4	St. Andrew's 5:15 pm
8	LCFC 5:15 pm	9	10	St. Paul's 5:15 pm	11	Avon 5:15 pm
15	LCFC 5:15 pm	16	17	St. Paul's 5:15 pm	18	St. Andrew's 5:15 pm
22	LCFC 5:15 pm	23	24		25	St. Andrew's 5:15 pm
29	Avondale 5:15 pm	LCFC 5:15 pm	30			

MAY 2018						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1	2	3	4	5
6	LCFC 5:15 pm	7	8	9	Avon 5:15 pm	10
13	LCFC 5:15 pm	14	15	16	17	St. Joseph's 5 pm
20	LCFC 5:15 pm	21	22	23	24	Memorial 5:15 pm
27	Avondale 5:15 pm	LCFC 5:15 pm	28	29	30	31

Hot Meal Locations and Providers

The Local Community Food Centre (LCFC) 612 Erie Street, Stratford Contact: 519-508-3663	St. Joseph's Parish Hall 96 Huron Street, Stratford Contact Church Office: 519-271-6722	Parkview United Church 470 Ontario Street, Stratford Contact Church Office: 519-271-1609	St. James Anglican Church 6 Hamilton Street, Stratford Contact Church Office: 519-271-3572	Avon Mennonite Church 90 Greenwood Court, Stratford Contact Church Office: 519-273-2261
St. Andrew's Presbyterian Church 25 St. Andrew Street, Stratford Contact Church Office: 519-271-5668	St. Pauls Church 9 Douro Street, Stratford Contact Church Office: 519-271-4527	Avondale United Church 194 Avondale Avenue, Stratford Contact Church Office: 519-271-7946	Jubilee Christian Fellowship 707 Downie Street, Stratford Contact Church Office: 519-271-4441	Bethel Pentecostal Church R.R. #4, Stratford Contact Church Office: 519-273-0050 <i>Meals held at Knox Presbyterian Church</i>
Stratford Christian Reform Church (CRC) 190 Athlone Crescent, Stratford Contact Church Office: 519-273-1292	Zion Lutheran Church 202 Erie Street, Stratford Contact Church Office: 519-271-8527	Knox Presbyterian Church 142 Ontario Street, Stratford Contact Church Office: 519-271-0373	To Stratford with Love Meal Rotary Complex, 353 McCarthy Rd., Stratford DECEMBER 16, 2017 ONLY	Memorial Baptist Church 113 Bruce Street, Stratford Contact Church Office: 519-271-2196

May - September Meals Available

- The Local Community Food Centre**
- Breakfast served every Thursday morning at 8:30 am
 - Senior's Lunch (60 yrs and older) is served every Wednesday at 11:30 am
 - Dinner is served every Monday at 5:15 pm
- Note: no meals at LCFC December 23 - January 2.**
- St. Joseph's Parish:** every 3rd Thursday at 5 pm
- Bethel at Knox Church:** every 3rd Friday at 5:15 pm

Food Banks in Perth County

Food Banks provide no-cost emergency food assistance.

House of Blessing

423 Erie St., Stratford

Hours: Tuesdays, Wednesdays and Thursdays
10 am - 12 noon and 1 - 3 pm
Contact: Office: 519-273-3433
Details: Open to all. One pick-up per month. Also provides diapers and formula, clothing, back to school supplies and Christmas toys.

Salvation Army - Stratford

230 Lightbourne Ave., Stratford

Hours: Mondays and Thursdays
October to December 2017
9:15 - 11:30 am and 1:15 - 4:30 pm
Contact: Church office: 519-271-2950
Details: Open to all. By appointment ONLY.
Christmas hampers available.

Society of Saint Vincent de Paul

St. Joseph's Catholic Church

96 Huron St., Stratford

(enter Church Hall off Hibernia Street)

Hours: Wednesdays, 3 - 5 pm
Contact: Church office: 519-271-6722
Details: Open to all, year round.
Eligible once every four weeks.

Closed Wednesday, December 27

The "Christmas Giving Tree" is available to families, registration is required.

St. James Anglican Church

6 Hamilton St., Stratford

Hours: Tuesdays, 9:30 - 11:00 am
Closed Tuesdays after a statutory holiday.
Contact: Church office: 519-271-3572
Details: Open to all. One pick-up per month.

St. Pauls Church

9 Douro St., Stratford

Hours: Fridays, 9:30 - 11:00 am
Contact: Church office: 519-271-4527
Details: Open to all. One pick-up per month.

Avondale United Church

194 Avondale Ave., Stratford

(enter off Huntington St.)

Hours: Fridays, 9:30 - 11:00 am
Contact: Church office: 519-271-7946

Salvation Army - Listowel

326 Main St. E., Listowel

Food Bank

Hours: Wednesdays and Thursdays
10 am - 12 noon and 1 - 3 pm
by appointment only
Contact: Family service office: 519-291-2900
Details: Open to North Perth and area residents
Also provides Christmas hampers and back to school backpacks.

Loaves & Fishes Food Bank

Mennonite Fellowship Church

6619 Perth Road 131, Milverton

Hours: 1st and 3rd Tuesday each month
9:30 - 11:30 am
Contact: 519-595-8762
Details: Open to Milverton, Ellice and Mornington
Ward residents. One pick-up per month.

Salvation Army - St. Marys

220 Queen St. E., St. Marys

(enter by lower level off Peel St.)

Hours: Monday to Friday, 9:30 am - 3:00 pm
Appointments preferred if possible.
Contact: 519-284-2760
Details: Open to St. Marys and area residents.
Formula and diapers when available.
Also provides Christmas hampers.

The Salvation Army - Mitchell

Upper Thames Missionary Church

80 Roland St., Mitchell

Hours: Fridays, 10 am - 1 pm
Contact: 519-271-2950
Details: Open to Mitchell and area residents.
Monthly visits. No appointment necessary.

Breakfast Programs

Yours, Mine and Ours

37 Franklin Dr., Stratford

Hours: Tuesdays, Wednesdays and Thursdays
7:30 - 8:30 am
Contact: Huron-Perth Children's Aid Society
519-271-5290 ext 2249
Details: Open to children living in Ontario Housing
No cost.

Local Community Food Centre

Wellness Breakfast

612 Erie St., Stratford

Hours: Thursdays
Yoga: 8 am / Breakfast: 8:30 - 9:00 am
Contact: 519-508-3663
Details: Open to all. No charge.

School Nutrition Programs

Breakfast, lunch and snack programs are offered to children in most schools in Perth County.

To find out more about Ontario Student Nutrition Programs Huron-Perth, contact Nancy Fisher at 519-440-0926.

For **Emergency Shelter**, call 519-274-8000 or 1-888-829-7484 (Huron/Perth Crisis Intervention Line)



For more information, call Health Line at 519-271-7600 ext 267 or toll-free 1-877-271-7348 ext 267
Visit: www.pdhu.on.ca

Revised September 2017 - Dates and times subject to change. PDHU - CA



FOOD for ALL

Food Banks and Meal Programs in Perth County

October 2017 - May 2018